



# Monika Edyta Cierieszko

CAREER & MINDSET COACH



**If you are looking to secure a role in the legal sector and need some help, get in touch with Monika!**

*Monika is a qualified coach, career consultant and a former recruiter.*



She spent the last 15 years working in HR and her specialism was graduate recruitment.



She worked for leading international corporations, educational institutions and also global US law firm Shearman & Sterling.



In 2019 she transitioned to a full-time career in coaching and professional development, helping graduates and students secure vacation schemes and training contracts.



She is currently offering one-to-one coaching to those who are struggling with their application forms and interview preparation.

## BOOK YOUR DISCOVERY CALL TODAY

**BOOK NOW!**

## THE COACHING PACKAGE

*The coaching services will be tailored to your needs but to give you an idea, you will be able to get:*

### HELP WITH...

- **Research** - how to search efficiently and find key information
- **Application Approach** - structure, explaining motivation for pursuing and showcasing your skills and findings
- **CV / Cover Letter** - review, feedback and top tips
- **LinkedIn** - creating powerful profile
- **Self-awareness** - understanding your skills, strengths and motivations
- **Self-esteem** - providing toolkit and strategies to develop confidence in your abilities
- **Personal Brand** - identifying and showing how it can be used to your advantage
- **Networking** - creating powerful contacts

### ADVICE ON...

- **Skills and Competencies** - what makes a successful professional and how to showcase those skills
- **Tests** - how to approach different types of tests
- **Resources** - where and how to look
- **Feedback** - how to take it as a constructive criticism
- **Common Mistakes** - what to be aware of / avoid doing when going through the recruitment process

### PRACTICE / PREPARE FOR...

- **Interviews** - how to structure your answers effectively and how to answer unexpected questions
- **Assessment Centres** - how to prepare and what recruiters look for
- **Case Studies** - how to approach it / how to prepare
- **Presentations** - how to structure and deliver with confidence
- **Commercial Awareness** - how to develop it / how to evidence that you have it

### SUPPORT WITH...

- **Rejection** - how to deal with it and learn from it
- **Job Offer** - how to hit the ground running and prepare for your first day

### EXTRAS...

- **Recommendations** - books / articles / videos
- **Materials** - worksheets / workbooks / logs
- **Exercises / Tests**
- **Support Group** - you will be introduced to other candidates going through a similar journey

TO FIND OUT MORE, CONTACT MONIKA DIRECTLY AT:  
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